

Food and Drink at Nursery

Milk and Water

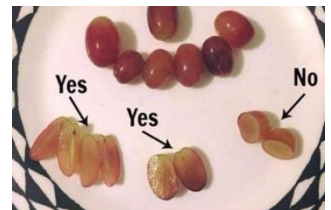
Fresh drinking water is available throughout the day for all of our children to ensure that they stay properly hydrated. There are water coolers in each base.

Milk is offered to all children at snack time each morning and afternoon.

Water is provided on the table at lunchtime. In our efforts to encourage healthy eating and good oral health we would prefer parents not to send their children to nursery with juice drinks.

Grapes and Olives

Grapes and olives can be a serious choking hazard to young children. Please ensure you cut grapes and olives in half (lengthwise) if you wish to put them in your child's packed lunch or tea.



No Nuts

We have a number of children at nursery with severe nut allergies. Please do not include any nuts or nut products (including peanut butter and Nutella type chocolate spread) in your child's packed lunch or tea.

